

## **MENS JERSEYS**

Please take your **body measurements** and compare to the chart below.

**Chest Circumference:** take the measurement around the fullest part of your chest.

**Waist Circumference:** measure around the narrowest part of the waistline.

**Hip Circumference:** Measure straight around the widest part of your hips.

	<b>CHEST (CM)</b>	<b>WAIST (CM)</b>	<b>HIP (CM)</b>
<b>XS</b>	92	77	95
<b>S</b>	97	82	100
<b>M</b>	102	87	105
<b>L</b>	107	92	110
<b>XL</b>	112	97	115
<b>2XL</b>	117	102	120
<b>3XL</b>	122	107	125
<b>4XL</b>	127	112	130
<b>5XL</b>	132	117	135

## **MENS SHORTS**

Please take your **body measurements** and compare to the chart below.

**Waist Circumference:** measure around the narrowest part of the waistline.

**Hip Circumference:** Measure straight around the widest part of your hips.

	<b>WAIST (CM)</b>	<b>HIP (CM)</b>
<b>XS</b>	77	95
<b>S</b>	82	100
<b>M</b>	87	105
<b>L</b>	92	110
<b>XL</b>	97	115
<b>2XL</b>	102	120
<b>3XL</b>	107	125
<b>4XL</b>	112	130
<b>5XL</b>	117	135